


Happy Halloween!

OCTOBER

Happy Halloween!

JES/JBHS SCHOOL MENU

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|---|--|---|--|--|
| BREAKFAST | | 1 Cereal & Toast | 2 French Toast Sticks | 3 Cereal & Toast | 4 Sausage Flapstick |
| LUNCH |  | Wing Day Emoji Fries Celery Sticks Grapes | Shepards Pie Dinner Roll Pineapple | Corn Dog Baked Beans Fruit | Haddock Burger Chips Coleslaw Frozen Fruit Bar |
| BREAKFAST | 7 Cereal & Toast | 8 Blueberry Muffins | 9 Pancakes | 10 Cereal & Toast | 11 French Toast Bake |
| LUNCH | Egg Salad Sandwich Chips Apple | Chili Cornbread Fruit | Chicken Bacon Ranch Casserole Wax Beans Bread Stick Apple | Ham or Turkey Sub Popcorn or Pretzel Peaches | Pulled Pork Sand. Corn Niblets Fruit |
| BREAKFAST | 14 | 15 | 16 Cinnamon Rolls | 17 Cereal & Toast | 18 Breakfast Pizza |
| LUNCH | No School | No School | BLT Croissant Chips Mandarin Orange Salad | Hot Turkey Sand. Mashed Potato Peas Cranberry Sauce | Mac And Cheese Sausage Patty Green Beans Honeydew |
| BREAKFAST | 21 Omelette | 22 Cereal & Toast | 23 Sausage Flapstick | 24 Cereal & Toast | 25 Breakfast Sandwich |
| LUNCH | Chicken Finger Sub Cheese Stick Pineapple | Meatball Sub Chips Applesauce | Popcorn Chicken FF Carrots & Peas Fruit | Chop Suey Italian Bread Caesar Salad Apple | Corn Chowder Grilled Cheese Roll Melon |
| BREAKFAST | 28 Cereal & Toast | 29 Breakfast Pizza | 30 Cereal & Toast | 31 Blueberry Pancakes | Menu is subject to change. |
| LUNCH | Tuna Roll Cheesy Broccoli Chips Yogurt & Fruit | Breadsticks & MeatSauce Veg. & Dip Jello | Spaghetti Garlic Bread Salad Melon | Mummy Dog Potato Wedges Zucchini Pumpkin Cookie | White milk/chocolate milk will be offered every day for breakfast and lunch. Cereal & Toast are available at every breakfast. Every breakfast & lunch will have the state requirements for fruits & vegetables. This institution is an equal opportunity provider. |

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